

**2009 - 2010 Swim & Dive  
General Information**

- \* **Registration meeting** – Tuesday, September 15 in BHS Commons Area
  - Required meeting for all interested **athletes and their Parent(s)**
  - At meeting you will be paying fees, buying uniforms, discussing rules and guidelines
    - 6pm-7pm – returning athletes may register and purchase swimwear
    - 7pm-8pm – meeting with Coach Puckett (all must attend)**
    - 8pm-9pm – new athletes may register and purchase swimwear
  
- \* **Coach** – Greg Puckett, room F-12 at Brookwood. Email address – greg\_puckett@gwinnett.k12.ga.us  
Assistant – Michelle Golden, Trailer 7 at Brookwood. Email address – michelle\_golden@gwinnett.k12.ga.us
  
- \* **Practice** – Monday, Oct. 19 – swim practices begin at Mountain Park pool  
Practices will be held Mon – Fri (4:00 – 6:00 pm). Of the 2 hour practice – 1hour and 45 minutes will be in the pool. The other 15 minutes will be dryland or team meetings.
  - Diving practice – Tuesday & Thursday evening at Mountain park pool beginning on Tuesday, Oct 21. There will also be Friday practices during the early part of the season.
  - Individuals who participate on a USA team are encouraged to practice with your club team (Swimatlanta, Summit Chase, Gwinnett Aquatics) if you normally do so. It must be an appropriate approved club team 'level' that will practice more than the Brookwood team does. Approved team 'levels' will be discussed at the registration meeting.
  - Transportation is not provided by Board of Education to practice location(s)
  
- \* **Commitment** – this is a Varsity High School sport. You must be committed to attending a minimum of 85 % of practices. **Individuals who do not meet this or other team commitments will be removed from the team.** Athletes participating in Fall activities will be excused from conflicting practice dates until that sport/activity is over. Likewise, you are expected to finish your commitment to swimming before beginning other sports/activities in the spring
  
- \* **Cuts** – because this is a Varsity High School sport, individuals who do not show adequate swim skills or motivation to work hard will be cut from the team. Joining the Brookwood swim team should NOT be your first introduction to the sport of swimming. Athletes should have already been participants in a swim program (club team or summer league team) prior to joining the Brookwood swim team. Swimmers should be able to do all 4 strokes before joining team.
  
- \* **Season** – swim/dive meets begin mid-November and run through mid-February
  
- \* **Physical exam** – all athletes must have a physical on file before participation. The Athletic department will be offering them on Tuesday, October 6th at 7:00 pm. Fee is \$25.  
More info will be available at the registration meeting.
  
- \* **Expenses** - Fees will need to be paid at the time of registration. Two checks will be needed.  
All expenses (except banquet fees) for swimming and diving are paid up front and there will be no further expenses throughout the year. Scholarships are available based on need. See Coach Puckett for further info.
  - \* One check made payable to BHS Swim & Dive will include the following expenses
    - Gwinnett Booster Club fee \$90
    - BHS Booster Club fee \$130
    - Parka rental (if don't purchase) \$20
    - Physicals (if need one) \$25
  
  - \* Separate check made payable to Total Team Wears for following expenses.  
The team will be getting new suits this year so all team members will need to purchase new suit
    - swim suit – male \$24 - 30
    - swim suit – female \$42 - 44
    - team towel \$20
    - Parka purchase (if not renting or own) \$140
    - Special order caps with name on them \$12 (regular caps provided for team)
    - other purchases such as swim bags, warm-ups, extra caps, and goggles  
are optional but will be available
  
- \* **Questions** – if you have further questions that you feel cannot wait until the registration they may be directed to the following people.  
Coach Greg Puckett – room F-12  
Booster Club President – David Schofield email - David.Schofield@i-tag.net  
Home phone 770-985-9750 or cell phone 678-362-3333