

## **Brookwood** **Diving Information**

This information is not all inclusive. It just includes information that is unique to divers. Divers must still follow all rules and guidelines outlined in the Brookwood Swim & Dive handbook.

### **A. General information**

1. Diving is 1 of 12 events that occur during a swim/dive meet. An individual athlete may participate in no more than 4 events per meet. It is therefore feasible to be both a swimmer and a diver. Historically though divers tend to only dive.
2. This year most meets will be in a 6 dive format. Those dives must be chosen from the 5 different categories ( see sample diving score sheet). However, to compete at County or State you must be able to compete with an 11-dive format.

### **B. Practice**

1. There are numerous coaches who do the instructing of the divers from ALL the teams in Gwinnett County. They will be at Mountain Park , Bogan Park, Collins Hill, and West Park. .
2. Brookwood will practice Tuesday & Thursday evenings at Mountain Park pool from 6:30 – 9:00 pm. Additional practices may also be scheduled as necessary.
3. Transportation – athletes must follow the Brookwood practice transportation policy

### **C. Tryouts**

1. Due to limited practice availability there is a maximum number of divers that any one team may have attend the practice sessions with these Coaches. This number is set by the Gwinnett County Booster Club to help insure that the limited practice times can be productive and beneficial to all the participants. This year the number of divers per team has been set at eight (8). Because of this limit Brookwood will therefore need to have a tryout system.
2. Tryout dates - Practice and instructional sessions will be held 3 days a week (Tue/Thur/Fri) for a three week period beginning on Oct 20. All cuts will be made by Monday November 2.
3. Additional practice sessions during this tryout period? I will work on trying to get some additional practice time during this 2 week period for Brookwood divers, but at the present time there is nothing definite. I will keep all divers advised.
4. Who will make the team?
  - a. All decisions on who will make the Brookwood team will be made by Coach Puckett. I will be attending all the tryout sessions in order to make as fair an evaluation as possible. I will also be soliciting input from the diving coach -- but the ultimate decision will be made by myself.
  - b. Previous divers have no guaranteed “positions” on the team
  - c. The decision on who makes the team will be based on a variety of items. First and foremost will be the skills & abilities of the individuals. Other things to be considered heavily though are - attitude, work ethic, willingness to work, potential for improvement in future, and commitment to team. The best interest of the team for this year and future years will also be considered in the decision.
  - d. I foresee the 8 practice slots that we are allotted going to 4 female divers and 4 male divers. This may change however based on the situation that I am presented with at the time of evaluations. I will keep all divers informed of my intentions as best I can.

**D. Refunds?**

1. It is easiest on all involved to go ahead and treat registration as if the athlete will be making the team. It is easiest to get sizes, orders, and money at this one time when it is all available.
2. Reality though is unfortunately not all interested individuals will be able to make the team. Refunds will be made for any individuals who were interested in **diving only** and got cut from the team. The only part of the registration fees that cannot be refunded is the \$25 for the physical.
3. Refunds will NOT be made for individuals cut from diving who register as being interested in **both** swimming and diving.

**E. Criteria for earning a Letter**

To earn a letter, the diver must be an eligible and ACTIVE team member for the **entire** season and meet ALL three (3) of the following qualifications.

1. Meet attendance requirements for practice, and meetings.  
\*Practice- all athletes must attend at least 85% of the scheduled practices  
**this includes Friday & holiday practices**
2. Must participate in at least six (6) meets (not counting State)  
- One of these meets must be the County Championship in February
3. Must qualify in at least one (1) of the following:
  - a. Qualify for the State meet. Requirements are stated below.
  - b. Meet adjusted score qualifications. (will be determined at a later date)
  - c. Earn at least one (1) point in diving at the County Championships.
  - d. Be a Senior who has been an active team member all years of diving

Standards for qualifying for County Championship meet

A diver must score a minimum of 130 points during a regular 6-dive meet. Also, to compete at County, the diver must be able to complete an 11 dive format, matching dive order for State but without the mandatory state dd's. The dive coach must approve the sheet.

Standards for qualifying for State Championship meet.

\*Note – the standards below are for 11 dive format. The 11 dive format is the most common means of qualifying for State. However, it is also possible to qualify using a 6 dive format. This process is complicated and more difficult so it will be discussed with individuals only if the need arises.

Boys - a) minimum degree of difficulty for optional dives - 12.0  
b) earn 270 points in a meet (11 dive format)

Girls - a) minimum degree of difficulty for dives - 11.5  
b) earn 270 points in a meet (11 dive format)